



Robert L. Pruitt, II has provided training, motivational speaking, workshops and spiritual life coaching throughout the U.S., the U. K., Ireland and India. Robert's client family includes: *Operation Smile, Inc., The National Student Leadership Conference, University of Maryland, Stanford University, American University, Paint Branch H.S., and Broadneck H.S.* Currently, Robert serves as Director of Coaching for noted author and television personality *Iyanla Vanzant's* Inner Visions Institute for Spiritual Development.

Coach P.—an informal educator since 1985—specializes in the development of programs that provide youth and adults an opportunity for extraordinary personal growth.

He has authored *Out of the Box, Understanding Male Power and Its Role in Relationships* for the National Basketball Association, *African American Males in School and Society*, and *Bubble Monster and Other Science Fun*. He has appeared on *The Audrey Chapman Show* on WHUR-FM 96.3, Washington D.C., *The Beverly Smith Show* on WAMO-FM105, Pittsburgh, Oprah, CNN and several local news shows.



**TOTAL
COACHING
For
High School & College
Leaders**

RobertPruitt.Com

*Share the gift you are with
the world! (1Peter 4:10)*

Motivational Speaking

*

Leadership Training

*

Spiritual Life Coaching

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ABOUT LIFE COACHING

Get more of what you want through spirit-based life coaching.

As your coach, I'll guide you in creating the balance that produces more of what you want from life, leading you to a deeper appreciation for the gift you are to the world.

Life works in a simple way. You get back what you send out to the Universe - this is the "*Law of Attraction*." I'll be your coach, helping you increase your loving energy by aligning beliefs with desires, and thought with emotions. By reframing thoughts to create positive inner dialogues, I'll help you create a solid alliance between your belief systems and what you want out of life.

Life coaching — or personal coaching, as it is sometimes called — is a powerful partnership designed to stimulate and enhance the lifelong process of human learning, effectiveness and fulfillment.

It's about allowing yourself to dream big and then believing that you can make it happen.

Coaching is not therapy, counseling or consulting. Life coaching looks to the

present, helping you get “clear” about where you are, where you want to go, and how best to get there.

Who Can Benefit from the Program?

Current and future leaders, who want to improve confidence, improve their ability to build relationships and/or move through life more effectively.

It's for you if you:

- **want to generate a specific vision for your school or life
- **want to use your leadership skills, talents and abilities more effectively
- **want to define or redefine what success means
- **want to clarify what's next for you
- **want to grow as a person

I work with students over a three-month period, in 30 minute blocks of time, weekly. The sessions involve e-mail discussions and brief home assignments. The work is conducted over the telephone.

Over your three month period of time, I will help you develop a vision statement, set goals and provide feedback, offer perspective, encouragement and new ways of tackling challenging situations or old patterns of thinking and behaving. Working with me is like having someone running alongside you in life, giving you the extra input and insights that can really

make a difference to your success. Together we will get you where you want to go.

It is your choice! The time for change is always and only now!

If not now, when?

Don't wait another day to start enjoying a more abundant and integrated life. E-mail or call me now to take advantage of a free coaching “assessment” call.*

Additional Information

Investment:

\$75 per 30 minute session

For more information and to schedule your sessions:

Email: coaching@robertpruitt.com or call 202.587.5616

***NOTE:** Participants under 18 must have your parents' permission to participate in this program.